

## Resources from the Strengthening Connections Webinar

Liz Blackwell-Moore, MPH --- Birch Lane Strategies

Liz@birchlanestrategies.com

### #1 Reduce Early Use of Drugs and Alcohol

Maine Prevention Providers:

List of State Funded Prevention Providers: <http://substanceuseprevention.org/local/>

Federally Funded Prevention Providers:

Drug Free Community Coalitions	Contact	Email address
ACCESS Health, Brunswick, Harpswell, Sagadahoc	Jennah Godo	jjgodo@midcoasthealth.com
Aroostook Substance Abuse Prevention, Aroostook County	Janice Jackson	jjackson@carymed.org
Bangor Public Health Advisory Board	Robin Carr	<a href="mailto:robin.carr.slauenwhite@bangormaine.gov">robin.carr.slauenwhite@bangormaine.gov</a>
Be The Influence, Windham, Raymond	Laura Morris	<a href="mailto:Laurabethmorris@gmail.com">Laurabethmorris@gmail.com</a>
Casco Bay CAN	Beth Blakeman-Pohl	beth@cascobaycan.org
Choose To Be Healthy, Southern York County	Sally Manninen	SManninen@yorkhospital.com
Drug Free Aroostook	Susan Deschene	sdeschene@acap-me.org
Healthy Acadia	Denise Black	denise@healthyacadia.org
Healthy Community Coalition, Farmington	Lorri Brown	ljbrown@fchn.org
Healthy Lincoln County	Kate Marone	kmarone@mcdph.org
Healthy Sebecook Valley Coalition	Shawna Melanson	smelanson@emhs.org
Mid-Maine Substance Use Prevention, Greater Waterville	Lisa Larrabee	<a href="mailto:lisa.larrabee@mainegeneral.org">lisa.larrabee@mainegeneral.org</a>
Project Alliance/Coastal Healthy Community Coalition	Laura Overton	<a href="mailto:loverton@une.edu">loverton@une.edu</a>
River Valley Healthy Communities	Allie Burke	rvhccburke@gmail.com
SoPo Unite, South Portland	Lee Anne Dodge	ldodge@southportland.org
Healthy Communities of the Capital Area	Holly Kiidli	H.Kiidli@hccame.org
Strategies for a Stronger Sanford	Nichole Ivy	nivey@strongersanford.org
Westbrook Communities that Care	Alexandra Hughes	hughesa@westbrookschoools.org
Somerset Public Health	Robert Rogers	rrogers@kbhmaine.org

Frameworks: Report on improving the public's understanding and ability to prevent adolescent substance use.

[http://www.frameworksinstitute.org/assets/files/adolescence\\_youth/Mapping%20the%20Gaps%20on%20Adolescent%20Substance%20Use%20.pdf](http://www.frameworksinstitute.org/assets/files/adolescence_youth/Mapping%20the%20Gaps%20on%20Adolescent%20Substance%20Use%20.pdf)

SBIRT (Screening and Brief Intervention to Treatment): Guidance from the American Academy of Pediatrics on SBIRT for adolescents

<http://pediatrics.aappublications.org/content/128/5/e1330>

Student Intervention and Reintegration Program (SIRP): 12 hour education class for young people who have made high risk choices about alcohol and drugs offered throughout the state. A List of classes can be found on this website: <http://sirp.adcareme.org/>

## **#2 Improve Social Emotional Systems and Supports**

### ACEs and Resilience:

CDC information on ACEs: <https://www.cdc.gov/violenceprevention/acestudy/index.html>

Center for Youth Wellness (ACEs screenings for youth): <http://centerforyouthwellness.org/>

MaineHealth ACEs webpage: Includes education module, toolkit for providers, and additional resources  
<https://mainehealth.org/healthcare-professionals/clinical-resources-guidelines-protocols/adverse-childhood-experiences-and-trauma>

## **#3 Reduce Access to Drugs**

Drug Disposal Locator: <https://nabp.pharmacy/initiatives/awarxe/drug-disposal-locator/>

Alternatives to opioids for pain management: <https://drugabuse.com/opiate-alternatives-doctors-got-a-brand-new-bag/>

### **Secondary Prevention:**

CRAFT for families: <https://the20minuteguide.com/>