

## Upcoming Work

- Providing technical assistance to [ME HAF](#) Addiction Care Grantees for 10 organizations who Will Expand Access to Addiction Care for Medically Underserved Populations.
- Starting work on new Harvard Pilgrim Quality Grants Funding for 2017-18 on Capacity Building for Compassionate Tapering with up to 20 sites using ECHO model.
- Hosting Caring for ME Leadership Group meetings monthly on 2nd Wed from 9-10. (need to add materials since probably April on Monthly meetings)
- Launching Physicians Foundation Grant on Leadership on the Front Lines to recruit 30 physicians to form a network to work on the opioid crisis. (link to website)
- Continuing Caring for ME webinars to reach 100-200 providers per session (link to website)
- QC Board Behavioral Health Committee- meets bimonthly and is working on reducing stigma around SUD and addiction. For more information, contact Liz Miller at Maine Quality Counts. ([lmiller@mainequalitycounts.org](mailto:lmiller@mainequalitycounts.org))
- QC is working the University of New England on a grant from JT Gorman about planning on how to build a trauma informed network in Maine across sectors.
- Working with the MMA and MICIS to coordinate virtual trainings around safe opioid prescribing. MMA has a contract with DHHS to reach 2000 providers by Dec 31, 2017 around safe opioid prescribing.
- Hosting Caring for ME Leadership Group meetings monthly on 2nd Wed from 9-10.
- Hosting six Pharmacist-Provider Task Force meetings to discuss Implementation of Ch. 488.

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## Since QC 2016 Conference, the Caring for ME Leadership Group has worked with organizations across the state:

- Met with Caring for ME Leadership Group for 4 half day meetings, one full day meeting, and monthly calls to align efforts around safe opioid prescribing and develop Caring for ME goals.
- Conducted 18 Webinars, reached over 2096 clinicians on Caring for ME topics. (link to C4ME Webinar page)
- Utilized funding from the Maine Health Access Foundation (MeHAF) to conduct strategic planning and alignment activities, perform evaluation and assessment activities to determine progress in complying with Chapter 488 prescribing rules and to gauge current efforts to provide MAT, and education. QC produced a final report for MEHAF on the current state after 14 interviews with health systems and 72 practice representatives answering a survey on Ch. 488 implementation and MAT.
- Conducted a Regional Training held simultaneously at 4 sites and virtually with 138 attendees across all of the in-person and virtual sites in February 2016.
- Worked with the Maine Board of Licensure of Medicine (BOLIM) to develop and six, web-based, on-demand learning modules that support the Caring for ME goals and provide Chapter 488-compliant CMEs
- Worked on Improving Medication Assisted Treatment in Primary Care (IMAT) with two cohorts of practices with funding from the Harvard Pilgrim Quality Grants Foundations. IMAT 1

concluded with 7 practices in September 2016; IMAT 2 is ongoing with 6 practices. As part of IMAT, there were 3 regional full day trainings and one X-waiver training around MAT. As part of IMAT, 24 monthly Project ECHO Buprenorphine webinars were offered over 2 years

- Worked with the UNE School of Pharmacy to provide three additional lunch & learn webinars that focus on the educational needs of the pharmacy community. More than 694 people registered for these webinars, with over 377 people attending. The January 11 webinar had 213 participants in the live webinar, which was QC's best attended Lunch& Learn webinar to-date. In total, QC gave out more than 156 credits, including both CME and Pharmacy CE credits, for these three webinars.
- With UNE and PCHC, concluded the second year of the Chronic Pain Collaborative with 14 practices. The first Chronic Pain Collaborative worked with 8 practices. Practices were able to work with Project ECHO Chronic Pain and do a traditional learning collaborative with state and national experts.
- Developed Chronic Pain Playbook
- Worked with Eric Haram to develop a Medication Assisted Treatment (MAT) Playbook
- QC Medical Directors participated on the Maine Opiate Task Force organized by the Maine U.S. Attorney General's Office and the Maine Medical Association.
- Distributed Choosing Wisely Materials on Safe Opioid Use and Reducing Benzo Use across the state.

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## **Maine Medical Association Highlights in 2016-2017 for Caring for ME**

1. Community Forums: In the first half of 2016: 22 community forums in 20 Maine communities (in every public health district and in 12 of 16 Maine counties) attended by over 1500 people.
  - The goal of the forums was to engage community members in conversations about the impacts of opiate misuse on their families, schools, and businesses.
  - A report from each community with recommendations about responding to Maine's opioid crisis was prepared for Maine Opiate Collaborative Task Force members.
  - Since October: 10 additional community forums attended by over 500 people, to present the recommendations of the Maine Opiate Collaborative Task Forces and engage in discussions on actions that can be taken to assist in the implementation of those recommendations. Several additional forums are planned.
2. Opioid Education for Prescribers, Medical Practices, Hospitals
  - Over 50 one-hour presentations at medical practices, hospitals and conferences on Legal and Regulatory Requirements for Opioid Prescribers
  - [MMA Opioid Crisis webpage](#)
  - Over 25 MICIS academic detailing sessions on opioid prescribing and naloxone at medical practices and conferences in 2016.

- MICIS presentations in 2017 will focus on clinical aspects of opioid prescribing, tapering, and acute and chronic opioid treatment, and information to inform prescribers of their legal obligations under Public Law 2015, chapter 488.
- Free, on-site, evidence-based prescribing CME presentations for medical practices, hospitals and conferences, plus 3-hour regional workshops. One to three hours AMA Category 1 CME credit applied for.

3. Provided support to the Maine Opiate Collaborative (MOC) Summit May 2016: Over 100 attendees featuring national speakers and presentations from the Prevention/Harm Reduction, Treatment and Law Enforcement Task Force presentations: [Law Enforcement Task Force Report](#); [Treatment Task Force Report](#); [Prevention & Harm Reduction Task Force Report](#); [Summary of Recommendations](#). Report on MOC recommendations from each of the three 3 task forces. Over 1000 copies of a summary report on the MOC recommendations have been distributed

MICIS, the Maine Independent Clinical Information Service, has been providing evidence-based prescribing CME throughout Maine since 2008. In 2017, MICIS will be focusing exclusively on OPIOID education required by Maine Law, Chapter 488. Join us for engaging presentations and workshops ranging from 30 minutes to 3 hours which may include “blitz” didactics, multi-media components with expert faculty, case-based studies and small group discussions. An academic detailing “un-advertisement” color monograph will also be provided to participants. Welcome to newly-designed CME, created by and for practicing clinicians, modeled to change practice behaviors with a compassionate, patient-centered perspective and focused on combating the defining public health crisis of our generation. A one-hour presentation on legal and regulatory requirements for opioid prescribers by Maine Medical Association attorneys is also available.

For More Information Check the [MMA Website](#) or e-mail: [academicdetailing@mainemed.com](mailto:academicdetailing@mainemed.com)