

~Referral Sources for Children and Families Ages Birth to Three~

Child Development Services

Maine's Early Intervention system which offers services to any child in Maine age birth through two and free appropriate public education for children ages three to five. The nine CDS sites conduct Child Find, which is the process of identifying children with disabilities. Screenings and evaluations are provided in order to identify children who are eligible for services. Regional CDS sites arrange for local services that include early intervention and special education and related services if a child is found eligible. The services provided by CDS are: available statewide, free and not contingent on health insurance. Children who are suspected of a delay should be referred to the local CDS site for further evaluation. Referrals can be completed one of three ways:

- 1) By calling the toll-free referral intake line at: **1-877-624-6661**
- 2) Completing the "Child Find Intake Form"
(<http://www.maine.gov/doe/cds/families/referrals/intakeform.pdf>) and faxing it to: (207) 624-6661
- 3) Completing the "Child Find Intake Form" on-line at:
<http://www.maine.gov/doe/cds/families/referrals/child-find.shtml>

To contact your local CDS site, please see the information below. If you are unsure what site covers a specific town in Maine, please go to <http://www.maine.gov/doe/cds/families/index.html> to find more information.

Site	Address	Phone	Fax
CDS Aroostook	985 Skyway Dr., Presque Isle 04769	764-4490	769-2275
CDS First Step	5 Gendron Dr., Suite 1, Lewiston 04240	795-4022	795-4082
CDS Opportunities	16 Madison Ave., Oxford 04270	743-9701	743-7063
CDS PEDS	163 Silver St., Waterville 04901	877-2498	877-7459
CDS Reach	1011 Forest Ave, Portland 04103	781-8881	781-8855
CDS Downeast	247 Main St., Machias 04654	255-4892	255-6457
CDS Midcoast	91 Camden St., Suite 108, Rockland 04841	594-5933	594-1925
CDS Two Rivers	250 State St., Brewer 04412	947-8493	990-4819
CDS York	39 Limerick Rd., Arundel 04046	985-7861	985-6703

Public Health Nursing

Public Health Nursing provides services to prenatal and postpartum women, newborns and children with special health care needs. Examples of reason for referrals include: history or presence of problem with parenting, parental stress, mental health issues, breastfeeding support, special health needs, difficulty feeding, NAS, gestational age of less than 37 weeks, history of abuse and neglect, reportable communicable disease, growth and developmental delay, elevated lead levels and repeated inappropriate ER use. Referrals should not be limited to these examples as Public Health Nurses can provide an array of supports to mothers and children. A central toll-free referral line will connect to the appropriate public health nursing location: **1-877-763-0438**.

For the most up-to-date list, please visit:

https://www.mainequalitycounts.org/image_upload/Referral%20Sources%20013116.pdf

Maine Families

Maine Families provides home visiting services to prenatal women, newborns, and children up to age three. Home visiting services focus on ensuring safe home environments, promoting health growth and development, and providing families with key connections to needed services in their communities. Expecting families can enroll at any time and families with a newborn under three months can also enroll. Teen families (under age of 21) can enroll within the first six months as can families who are involved with Public Health Nursing due to a medical concern (in Penobscot, Piscataquis and Washington counties). Families adopting or with a kinship placement can enroll up until the child's first birthday. Maine Families is not just for first-time families but rather for any family, despite income level, interested in the service. Maine Families are located in all counties throughout Maine and offer services for free and are not contingent on health insurance.

County	Organization	Address	Phone	Fax
Androscoggin	Advocates for Children	B Street Community Cnt, 57 Birch St., Suite 204, Lewiston 04240	783-3990	783-9402
Aroostook	Aroostook Council for Healthy Families (serves Patton and Danforth as well)	37 Bangor St., Suite 7, Houlton 04730	532-7405	532-9250
	Aroostook Band of Micmacs	7 Northern Rd., Presque Isle 04764	764-1972	760-7401
	Aroostook Band of Maliseets	3 Clover Circle, Houlton 04730	532-2240	532-2402
Cumberland	The Opportunity Alliance	50 Lydia Lane, So. Portland 04106	553-5801	874-1155
Franklin	Franklin County Children's Task Force	113 Church St., Farmington, ME 04938	778-6960	779-1029
Hancock	Maine Family Planning Ass'n	52 Christian Ridge Rd., Ellsworth 04605	667-5304	667-6117
Kennebec, Somerset	Kennebec Valley Community Action Program (KVCAP)	97 Water St., Waterville 04901	859-1577	873-0158
Knox, Lincoln, Sagadahoc	Teen & Young Parent Program	231 B Park St., Rockland 04841	594-1980	594-7682
Oxford	Community Concepts, Inc.	17 Market Square, So. Paris 04281	739-6544	739-6666
Penobscot, Piscataquis	Penquis (except Patten)	262 Harlow St., Bangor 04402	973-3674	973-3699
	Penobscot Nation	23 Wabanaki Way, Indian Island 04468	817-7420	817-7453
Waldo	UMaine Cooperative Extension	992 Waterville Rd., Waldo 04915	342-5971	342-4229
Washington	Down East Community Hospital	11 Hospital Dr., Machias 04654	255-0218	255-0441
	Passamaquoddy Pleasant Point	11 Back Rd., Perry 04667	853-0644	853-2347
	Passamaquoddy Indian Twnshp	401 Dana Point Rd., Princeton 04668	796-2321	796-5154
York	HD Goodall Hospital	25 June St., Sanford 04073	490-7329	324-9524

Early Head Start/ Head Start

Head Start provides early care and education along with health, nutrition, mental health and social and family support to low-income families with children from prenatal to age five. Those children

enrolled in Early Head Start (ages prenatal to age three) receive home visiting services, opportunities for socialization within the community and can be enrolled in a family child care or child care center. Early Head Start's mission is to promote healthy prenatal outcomes for pregnant women, enhance the development of very young children and promote healthy family functioning. Early Head Start programming is available in all counties throughout Maine to income eligible families.

County	Organization	Address	Phone	Fax
Androscoggin	Androscoggin Head Start & Child Care	269 Bates St., Lewiston 04240	795-4040	795-4044
Aroostook	Aroostook County Action Program	771 Main St., Presque Isle 04769	768-3045	768-3022
	Aroostook Band of Micmacs	13 Northern Rd., Presque Isle 04769	768-3217	764-7667
	Maliseet Head Start	1 Maliseet Dr., Houlton 04730	521-2410	521-2412
Sagadahoc, Lincoln and Greater Brunswick	Midcoast Maine Community Action	34 Wing Farm Parkway, Bath 04530	442-7963	443-7447
Hancock & Washington	Child & Family Opportunities	18 Avery Lane, Ellsworth 04605	667-2995	667-2212
	Passamaquoddy Head Start	PO Box 344, Perry 04667	454-2128	454-3722
Oxford & Franklin	Community Concepts	17 Market Square, South Paris 04281	739-6516	784-6882
Northern Kennebec & Somerset	Kennebec Valley Community Action Program (KVCAP)	97 Water St., Waterville 04901	859-1613	861-9531
Cumberland	The Opportunity Alliance	510 Cumberland Ave., Portland 04101	553-5923	874-1181
Penobscot, Piscataquis and Knox	Penquis Community Action Program	262 Harlow St., Bangor 04402	973-3500	973-3699
Southern Kennebec	Southern Kennebec Child Development	337 Maine Ave., Farmingdale 04344	582-3110	582-3112
Waldo	Waldo County Head Start	9 Field St., Belfast 04915	338-6809	338-6812
York	York County Head Start/Early Head Start	6 Spruce St, Sanford 04073	710-2404	324-4197

MaineCare Services for Families

Families that are uninsured may qualify for MaineCare. Interested families can determine if they are eligible for MaineCare by visiting <https://www1.maine.gov/benefits/account/login.html>.

Applications can also be printed and mailed to: 114 Corn Shop Lane, Farmington, ME 04938 (can be downloaded from: <http://www.maine.gov/dhhs/ofi/public-assistance/>). For information about the

For the most up-to-date list, please visit:

https://www.mainequalitycounts.org/image_upload/Referral%20Sources%20013116.pdf

application process, a statewide toll-free number is also available at: 1-855-797-4357 or families can visit their local DHHS Office for Family Independence. To reach MaineCare member services call 1-800-977-6740. MaineCare Provider services can be reached at: 1-866-690-5585.

Katie Beckett benefit is a MaineCare program for children with serious health conditions who are not otherwise eligible for MaineCare. If the child meets the Katie Beckett eligibility rules, the child will receive full MaineCare benefits. Families may pay monthly premiums to receive the Katie Beckett benefit. In order to find out if a child qualifies for Katie Beckett the family begins by applying for MaineCare at <https://www1.maine.gov/benefits/account/login.html>, or print and mail an application or visit their local DHHS office. Once the application is complete the Medical Review Team will review, and a nurse will meet with the family to determine the level of care needed.

DHHS OFI Locations	Contact Information
Augusta	35 Anthony Avenue, Augusta, ME 04330; 624-8090 or 1-800-452-1926
Bangor	396 Griffin Road, Bangor, ME 04401; 561-4100 or 1-800-432-7825
Biddeford	208 Graham Street, Biddeford, ME 04005; 286-2400 or 1-800-322-1919
Calais	392 South Street, Calais, ME 04619; 454-9000 or 1-800-622-1400
Caribou	30 Skyway Drive, Unit 100, Caribou, ME 04736; 493-4000 or 1-800-432-7366
Ellsworth	17 Eastward Lane, Ellsworth, ME 04605; 667-1600 or 1-800-432-7823
Farmington	114 Corn Shop Lane, Farmington, ME 04938; 778-8400 or 1-800-442-6382
Fort Kent	137 Market Street, Fort Kent, ME 04743; 834-7700 or 1-800-432-7340
Houlton	11 High Street, Houlton, ME 04730; 532-5000 or 1-800-432-7338
Lewiston	200 Main Street, Lewiston, ME 04240; 795-4300 or 1-800-482-7517
Machias	38 Prescott Drive, Machias, ME 04654; 255-2000 or 1-800-432-7846
Portland	151 Jetport Blvd, Portland, ME 04101; 822-2000 or 1-800-482-7520
Rockland	91 Camden St., Suite 103, Rockland, ME 04841; 596-4200 or 1-800-432-7802
Sanford	890 Main Street, Suite 208, Sanford, ME 04073; 490-5400 or 1-800-482-079
Skowhegan	98 North Ave Suite 10, Skowhegan, ME 04976; 474-4800 or 1-800-452-4602
South Paris	243 Main St, Suite 6, South Paris, ME 04281-9901; 744-1200 or 1-888-593-9775

Maine Parent Support Networks

For more information about Maine Parent Support Networks, the following agencies can be of assistance:

- 1) Maine Parent Federation: has a community of resources for families including: news and events; on-line publications; trainings; resources; parent perspectives; legislation information; and several programs for parent support for children with disabilities. Maine Parent Federation can be reached toll-free at: 1-800-870-7746 or email at parentconnect@mpf.org.
- 2) Autism Society of Maine: the Autism Society of Maine provides education and resources to support the valued lives of individuals on the autism spectrum and their families. To reach the Autism Society of Maine, call toll-free at 1-800-273-5200 or by email at: info@asmonline.org.
- 3) G.E.A.R. Parent Network: Through parent-to-parent sharing of experiences and knowledge, G.E.A.R. Parent Network empowers parents of children with behavioral health needs to build on their family's strengths and to advocate for their family's needs. To contact G.E.A.R. toll-free: 1-800-264-9224.

For the most up-to-date list, please visit:

https://www.mainequalitycounts.org/image_upload/Referral%20Sources%20013116.pdf

Maine's DHHS: Office of Children and Family Services

Maine's DHHS: Office of Children and Family Services offers a wide range of services, including:

- Children's Behavioral Health Services
- Child Welfare
- Early Childhood Services
- Community Partnerships

Important toll-free lines provided through the Office of Children and Family Services:

- 1) Child Abuse and Neglect: 1-800-452-1999
- 2) Crisis and Suicide Hotline: 1-888-568-1112
- 3) NAMI Maine Helpline (mental health concerns): 1-800-464-5767
- 4) Domestic Violence Hotline: 1-866-834-4537

For other help and hotlines please visit the Office of Children and Family Services website at:

<http://www.maine.gov/dhhs/ocfs/>.

Maine's Developmental Pediatric Providers

- 1) **The Barbara Bush Children's Hospital's Developmental-Behavioral Pediatrics Clinic**
Pediatric specialties include developmental-behavioral health, endocrinology & diabetes, genetics, gastroenterology, infectious disease, nephrology, and pulmonology. Programs include: Spina Bifida Program and Countdown to a Healthy ME, a program for children and adolescents dealing with obesity.
887 Congress Street
Portland, ME 04102
Phone: (207) 662-5522 or (866) 860-6277
- 2) **Eastern Maine Medical Center's Developmental Pediatrics**
focuses on providing consultations and evaluations (until the age of 13) for questions of developmental delay, ADHD/ADD, cognitive delay/intellectual disabilities, and Autism Spectrum disorders. Short term consultation is offered for children under the age of 6 for developmental concerns such as toileting, sleep, and tantrums.
417 State Street, Webber East, Suite 305-310
Bangor, ME 04401
207-973-7520
Fax: 207-973-7674
- 3) **Edmund N. Ervin Pediatric Center at MaineGeneral**
Specialized services for children including: child psychiatry, developmental and behavioral pediatrics, pediatric psychology and clinical social work services and Early Intervention and Pediatric Rehabilitation Services (speech, physical and occupational therapy). Interdisciplinary clinics include: Developmental Evaluation Clinic (DEC), Pediatric Behavioral Medicine Clinic (PBMC) and Pediatric Rapid Evaluation Program (PREP). Help is also provided on common family concerns like: mental health, behavioral and emotional problems; developmental delays; autism; learning and school problems; trauma; and family issues.
Edmund N. Ervin Pediatric Center
Thayer Center for Health

For the most up-to-date list, please visit:

https://www.mainequalitycounts.org/image_upload/Referral%20Sources%20013116.pdf

149 North Street
Waterville, Maine 04901
Phone: (207) 872-4303
Fax: (207) 872-4294
Edmund N. Ervin Pediatric Center
Ballard Center
6 East Chestnut Street
Augusta, Maine 04330
Phone: (207) 623-6500
Fax: (207) 621-5504

2-1-1 Maine

2-1-1 is Maine's health and human services information and referral system. It is an easy-to-remember number that helps people in accessing health and human services in their community. 2-1-1 includes a statewide resource directory of over 8000 resources including agency services and support groups accessible statewide by phone service and this website <http://211maine.org> to anyone with Internet capability.

For the most up-to-date list, please visit:

https://www.mainequalitycounts.org/image_upload/Referral%20Sources%20013116.pdf