

Your medical provider reviewed your medical record and met with you regarding your current medication regime. It has been determined that she will no longer be prescribing you the Oxycodone 10 milligrams three times daily and Oxycontin 30 milligrams three times daily. We will begin taper by decreasing your Oxycodone by 10 milligrams every week. During the first two weeks of your taper you will continue to take 30 milligrams of Oxycontin three times a day. Weeks three through 5 we will taper the Oxycontin to 20 milligrams three times a day. Below you will find instructions for comfortably tapering your medication.

Your tapering schedule will be as follows.

You are currently prescribed Oxycodone 10 milligrams three times daily for a total dose of 30 milligrams.

We will decrease this dose by 10 milligrams every three days beginning with your noon dose.

Week 1

Take Oxycodone 10 milligrams in the AM and 10 milligrams in the PM.

Week 2

Take Oxycodone 10 milligrams in the AM only.

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You will no longer be taking any Oxycodone week 3 starts the second phase of taper.

Week 3

Take Oxycontin 30 milligrams in the AM, 20 milligrams at noon, and 30 milligrams in the PM.

Week 4

Take Oxycontin 30 milligrams in the AM, 20 milligrams at noon and 20 milligrams in the PM.

Week 5

Take Oxycontin 20 milligrams in the AM, 20 milligrams at noon and 20 milligrams in the PM.

The first 4 weeks of your taper will require 21 tablets of Oxycodone 10 milligrams, 84 tablets of Oxycontin 30 milligrams and 28 tablets of Oxycontin 20 milligrams. In order to complete a



therapeutic taper that is as comfortable as possible it is important not to take any more medication than we have instructed you to.

Dover-Foxcroft Family Medicine