

Treatment Guidelines for the Management of Patients on Controlled Medications with Identified Addiction Risk

Addiction Risk Level	I – low risk	II- moderate risk	III – high risk **
Addiction Assessment & Review of CS Medication Agreement	Initially, annually & PRN	Initially, annually & PRN	Initially, annually & PRN
PMP Review	Initially, annually & PRN	Initially, annually & PRN	Initially, annually, with each visit & PRN
Follow-up visits/re-evaluation	Q 6 months & PRN	Q 4 months & PRN	Q 2 months & PRN
Drug Urine Screen (toxicity screen & temperature validation)	Initial, 1 random/year & PRN	Initial, 1 random/year & PRN	Q visit & 2 random/year
Pill Count	PRN	PRN	2 random/year & PRN
Consider Adjunct Therapies with Medication Management ¹	As Appropriate	As Appropriate	As Appropriate
Specialty Consultation for Second Opinion ² (Pain, Addiction, Behavioral, Ortho, Neuro, PMR)	Providers discretion	Providers discretion	One time at a minimum to document disease & treatment plan.

****Provider may downgrade a patient’s risk level at their discretion based on evaluation.**

****The first treatment option for patients with a High Risk of Addiction is to not treat with controlled medications and consider alternative therapies.**

1+2 Required for Maine Care patients receiving chronic opioid therapy.
