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February 6, 2018: Alternative Treatments to Pain



Elisabeth Fowlie Mock

From Holden, Maine, Elisabeth received her doctorate from Vanderbilt Medical School and a Master of Public Health in Health Policy and Administration from UNC-Chapel Hill. She attended Colby College and Emory University. She is Board Certified in Family Medicine and works part-time as a Hospitalist at EMMC. She is active in leadership of the Maine Academy of Family Physicians

Objectives:

1. Discuss alternative treatments for chronic pain management.
2. Highlight the team based approach to care for patients living with chronic pain.
3. Understand ways to reduce pain by addressing the physical, psychological and social components of pain.

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January 23, 2018: Update on Chapter 488 with Gordon Smith



Gordon H. Smith, Esq.

Gordon Smith is Executive Vice President of the Maine Medical Association. He graduated from the University of Maine with highest distinction and from the Boston College Law School, magna cum laude. He currently serves on the Executive Committee of the AMA Advocacy Resource Center, and is a member of the Board of Directors of the Daniel Hanley Center for Health Leadership. A frequent lecturer to medical groups on various medical legal subjects, Mr. Smith has served as EVP of the Maine Medical Association since September 1993.

Objectives:

1. Provide participants with updated information on Maine PL Chapter 488 and associated rules
2. Provide participants with information and current status of legislative activity pertaining to the prescription of controlled substances
3. Discuss challenges and success identified around law implementation.

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December 13, 2017: MICIS Improving Opioid Prescribing and Patient Safety: Part 3



Elisabeth Fowlie Mock

From Holden, Maine, Elisabeth received her doctorate from Vanderbilt Medical School and a Master of Public Health in Health Policy and Administration from UNC-Chapel Hill. She attended Colby College and Emory University. She is Board Certified in Family Medicine and works part-time as a Hospitalist at EMMC. She is active in leadership of the Maine Academy of Family Physicians

Improving Opioid Prescribing and Patient Safety: Part 3

1. Communication Skills & Difficult Conversations/Behavioral Health Integration

- Review Trauma-Informed care
- Discuss integration strategies for behavioral health and chronic pain management
- Demonstrate responses to Choosing Wisely's 5 Questions

2. Nonopioid & Nonpharm Treatments for Acute & Chronic Pain

- Evidence-based review of alternative treatments for acute & chronic pain
- Discuss comprehensive acute pain management plans & reduce surgical overprescribing

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December 5, 2017: MICIS Improving Opioid Prescribing and Patient Safety: Part 2



Elisabeth Fowlie Mock, MD, MPH, FAFP

From Holden, Maine, Elisabeth received her doctorate from Vanderbilt Medical School and a Master of Public Health in Health Policy and Administration from UNC-Chapel Hill. She attended Colby College and Emory University. She is Board Certified in Family Medicine and works part-time as a Hospitalist at EMMC. She is active in leadership of the Maine Academy of Family Physicians.



Erika Pierce, MMSc., PA-C

Erika is a native of Maine. She was raised in St. Albans and now resides in Central Maine with her husband Bill, and their daughter Julia. Erika is a 2005 graduate of the Physician Assistant Program at Nova Southeastern University in Ft. Lauderdale. Erika is a member and past president of the Maine Association of Physician Assistants . She has a diverse clinical background that includes Family Practice, Emergency Medicine, Occupational Medicine, Hospitalist and Psychiatry. She currently works for Inland Family Care in Unity. Erika's hobbies include showing Nigerian Dwarf dairy goats, raising heritage and rare breed chickens and gardening.

Objectives:

Improving Opioid Prescribing and Patient Safety: Part 3

1. Practice Transformation & QI for Opioids/Chronic Pain

- Review best practices in practice transformation for opioid prescribing
- Focus on team-based care including developing "CSI" (controlled substance initiative) teams

2. Harm Reduction: Naloxone & MAT

- Appropriately diagnose opioid use disorder
- Understand requirements and benefits of buprenorphine and naltrexone prescribing
- Anticipate prescribing naloxone for all patients and families at risk

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October 31, 2017: MICIS Improving Opioid Prescribing and Patient Safety- Part 1



Elisabeth Fowlie Mock, MD, MPH, FAAFP

From Holden, Maine, Elisabeth received her doctorate from Vanderbilt Medical School and a Master of Public Health in Health Policy and Administration from UNC-Chapel Hill. She attended Colby College and Emory University. She is Board Certified in Family Medicine and works part-time as a Hospitalist at EMMC. She is active in leadership of the Maine Academy of Family Physicians.

Improving Opioid Prescribing and Patient Safety: Part 1

1. The Genesis of the Opioid Crisis: "How We Got Here."

- Trace the origin of the opioid crisis in America
- Review CDC opioid prescribing guidelines

2. Opioid Basics: MMEs & Tapering

- Calculate morphine milligram equivalents & evidence behind limits
- Discuss reduction strategies

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October 24, 2017: Caring for ME Webinar, Inpatient Post-Operative Pain Management: A Multi-Disciplinary Collaboration for Safe Opioid Prescribing Practices

James Poole

The Centers for Living and Rehabilitation recently welcomed Dr. Poole, an SVMC hospitalist, as their new medical director. Dr. James Poole has worked as a hospitalist at the Southwestern Vermont Medical Center since 2008. Poole is also hospitalist director and medical director of medical affairs for the hospital. Poole studied physical therapy at University of Hartford, where he received his bachelor's degree. After spending two years as an acute care physical therapist, he attended medical school at Ross University in Portsmouth, Dominica. He completed his residency at Stamford Hospital in Connecticut and is certified by the American Board of Internal Medicine.

Kelly Filippi, RN

Kelly joined Southwestern Vermont Medical Center in 2011 as a new, graduate RN into the Intensive Care Unit. She has a BA in Economics from Boston College and an ADN from Vermont Technical College. In 2015, she initiated and led a multi-disciplinary team of providers, nurses and pharmacists to collaborate and develop a new process, using the DMAIC methodology, for safe opioid prescribing to the post-operative inpatient. She has presented her team's process improvement work locally and also at the state level. From this initiative, a hospital-based task force has developed to examine the prescribing practices amongst providers across the organization. Kelly is very proud of her team's accomplishments and the positive changes that have been made to keep their patients and their communities safer. She continues her role as a bedside RN in the ICU but is always seeking new opportunities to create positive change.

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October 3, 2017: Hub and Spoke Model

Anthony Folland, BA

Tony Folland is the Clinical services Manager and State Opioid Treatment Authority for Vermont. Prior to the last 7 years in state government, he was employed in the social services field for nearly 20 years, having worked in both rural and urban mental health centers in a variety of capacities including: emergency services, outpatient treatment and case management, program development and staff supervision, Drug treatment courts and Medication Assisted Treatment for opioid use disorders.

Beth Tanzman, the Director of the Vermont Blueprint for Health

Beth Tanzman is the Executive Director of the Vermont Blueprint for Health. The Blueprint for Health reforms Vermont's health service delivery network by developing patient-centered medical homes, community health teams, health information systems, payment reforms, and networks of community-based collaboratives. In addition to supporting the statewide expansion of the Blueprint, Ms. Tanzman leads the Hub & Spoke program for opioid addiction for the Department of Vermont Health Access (Medicaid Agency). Beth led the development of the report to the Legislature on how the health services system could address Adverse Childhood Experiences. Prior to joining the Blueprint, Beth served as Vermont's Deputy Commissioner for Mental Health leading the planning to replace Vermont State Hospital, supporting the development of intensive services for children and families, and the implementation of evidence-based services for adults with mental illness. Ms. Tanzman directed Adult Mental Health Services for the state Department of Mental Health for over a decade.

Beth has an MSW from the Rockefeller College of Public Affairs and Policy at SUNY Albany. She serves as Board Chair for Alyssum, Inc. a peer-run crisis residential program in Rochester Vermont, is on the board of Pathways Vermont, a statewide "Housing First" organization, and is president of her homeowners association.

Objectives:

1. Address how Vermont is building treatment capacity for substance use disorder
2. Highlight how the Hub and Spoke Model was built in Vermont including identifying priorities, policy and payment issues
3. Provide an overview on key lessons learned in Vermont that can be spread to other states looking to increase access to Medication Assisted Treatment

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September 26, 2017: Strengthening Connections: Knitting Together Substance use Prevention in Schools, Communities, and Healthcare



Liz Blackwell-Moore, MPH, Public Health Consultant and Principal, Birch Lane Strategies

Liz has been working in the field of substance use and chronic disease prevention for over 15 years, first in direct service as a case manager and for the last 12 years specializing in substance use prevention. Her current work includes providing training to coalitions and organizations on prevention strategies and technical assistance to translate public health research into practice, most recently on implementing a restorative trauma informed approach to youth development. Liz has her Master's in Public Health from Boston University's School of Public Health and is a Certified Prevention Specialist. She lives in Portland, Maine with her wife, two happy kids, and a puppy.

Schools, communities and healthcare practices across Maine are working hard to reduce the heavy burden being caused by substance use disorders. While many people are working hard to improve the community and healthcare response to overdoses and increase treatment and recovery services, there are also substantial efforts underway to prevent substance use disorders from forming. Webinar participants will learn what schools and communities are doing to implement best practices strategies to prevent people from having substance use disorders and how those efforts connect with prevention in the healthcare setting.

Objectives:

1. Learn new information about the latest research and best practices in substance use prevention.
2. Learn about prevention efforts and messaging happening in schools and communities and how those efforts connect to the efforts of health care.
3. Learn about the importance of providing secondary prevention options to people most at risk for overdose.
4. Additional topics covered in the webinar are opiate misuse prevention, prevention of early use of substances, and the impact of Adverse Childhood Experiences on a person's risk of problematic substance use.

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July 18, 2017: Opioid Prescribing Regulations – Updates on Chapter 488 and Related Rules with



Gordon H. Smith, Esq.

Gordon is Executive Vice President of the Maine Medical Association. He graduated from the University of Maine with highest distinction and from the Boston College Law School, magna cum laude. He currently serves as a member of the Steering Committee of the AMA's Scope of Practice Partnership. He is also a member of the Board of Maine Quality Counts. A frequent lecturer to medical groups on various medical legal subjects, Mr. Smith has served as EVP of the Maine Medical Association since September 1993.



Stephanie Nichols, Pharm.D., BCPS, BCPP

Stephanie graduated from the University at Buffalo with her Doctor of Pharmacy degree and completed a residency at Maine Medical Center. She is currently an Associate Professor with the Husson University School of Pharmacy in Bangor and a Psychiatric Pharmacist at MMC in Portland. She has been practicing clinical pharmacy for a decade and is board certified as both a Pharmacotherapy Specialist and a Psychiatric Pharmacist. Her research focuses on Substance Use Disorders.

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