

groups  
recover together.



The only thing  
harder than  
beating opiates is  
doing it **alone.**

Groups provides affordable and effective treatment for opioid addiction. Through **weekly group therapy** with licensed counselors, and Suboxone<sup>®</sup> medication prescribed by waivered physicians, we empower clients to regain control of their lives.

groups

# Maine Locations:

Biddeford  
Portland  
Lewiston  
Farmington  
Augusta  
Rockland  
Ellsworth  
Machias  
Calais



# OUR CLINICAL MODEL

## Therapy is the foundation of our program.

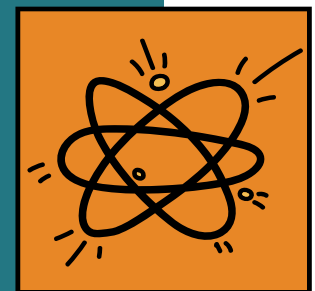
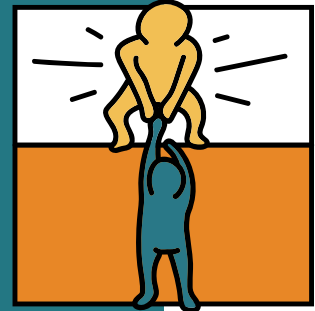
We require members to engage in group therapy on a weekly basis and only provide up to a 7 day prescription at a time. Some programs provide 30-day prescriptions, but we believe it is important for patients to engage with their counselor and group weekly to succeed in recovery.

## Accountability is critical.

Often the group holds each other accountable, but we also require weekly urine drug screens to ensure patients are not using and are taking their medication as prescribed.

## Our program is time limited.

In our program, patients are encouraged to be on medication for 18-24 months, then continue to engage in group (free of charge). Our program is not indefinite maintenance treatment; we support our clients who wish to live medication free, to achieve that goal in a safe and effective manner.



# OUR CLINICAL MODEL

## We take a multi-disciplinary care approach.

Our care teams are comprised of a licensed substance abuse counselor, program coordinator, and physician who work together to ensure members get the range of supports they need to be successful, from therapy, to coordination with other providers, to medical issues.



## Regain control.

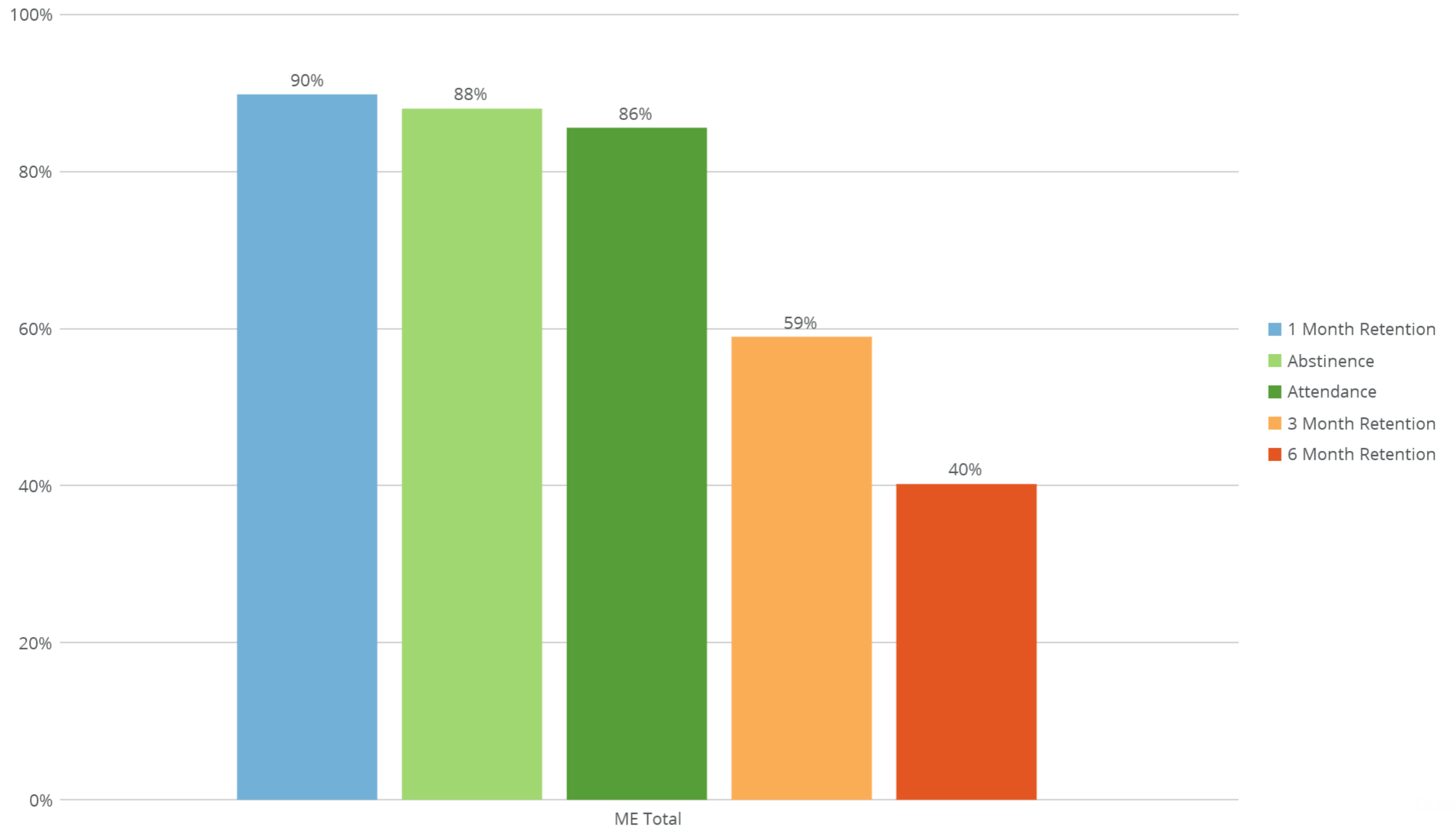
We help our members go back to work and teach them necessary life skills. We know that re-entering the work-force and stabilizing family and finances are a strong determinant of long term success in recovery.



groups

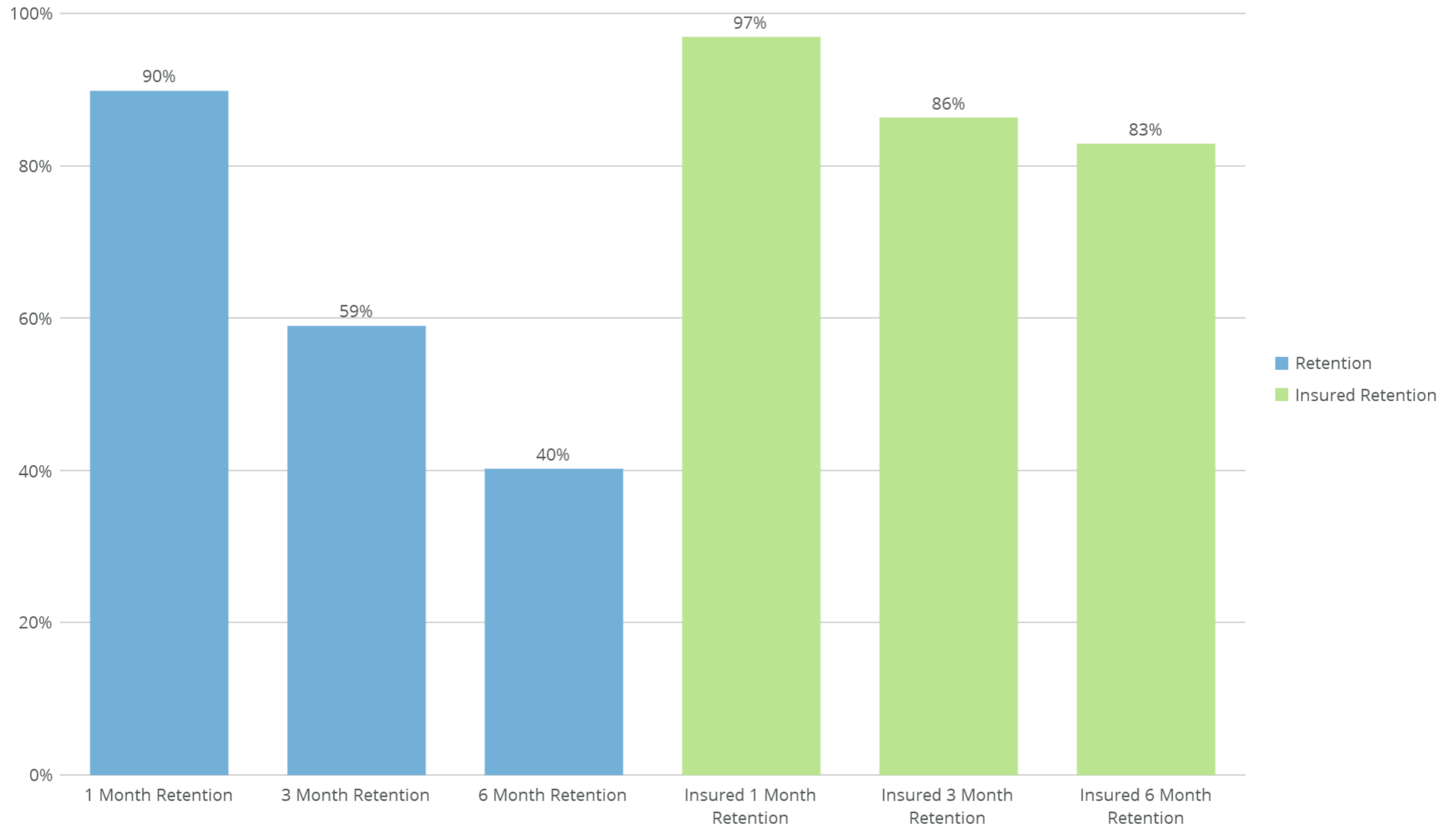
# Groups in Maine: Clinical Outcomes

10/8/18



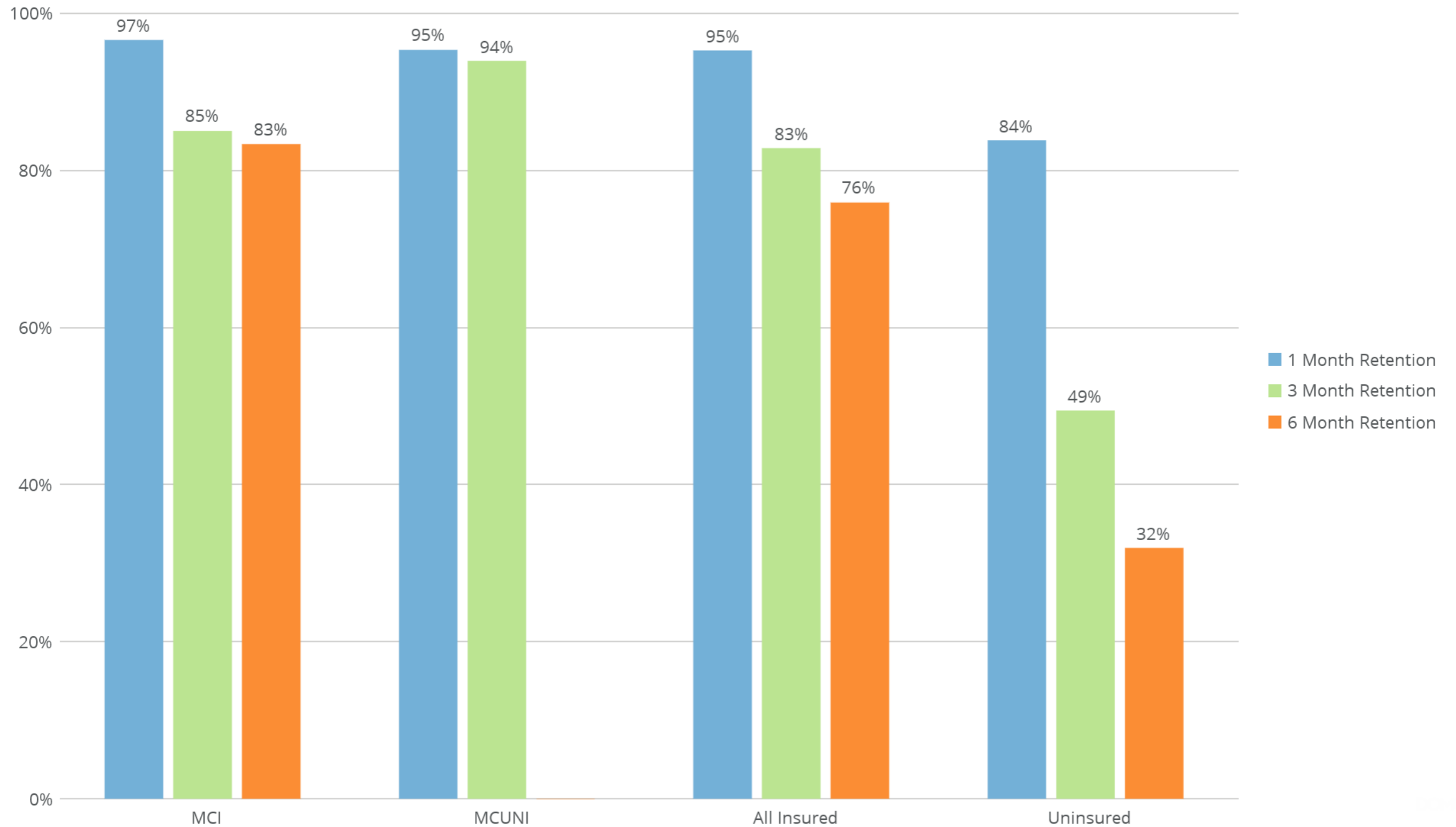
# Maine: Retention of Insured vs. Uninsured Members

Jan 1, 2017 - Oct 7, 2018



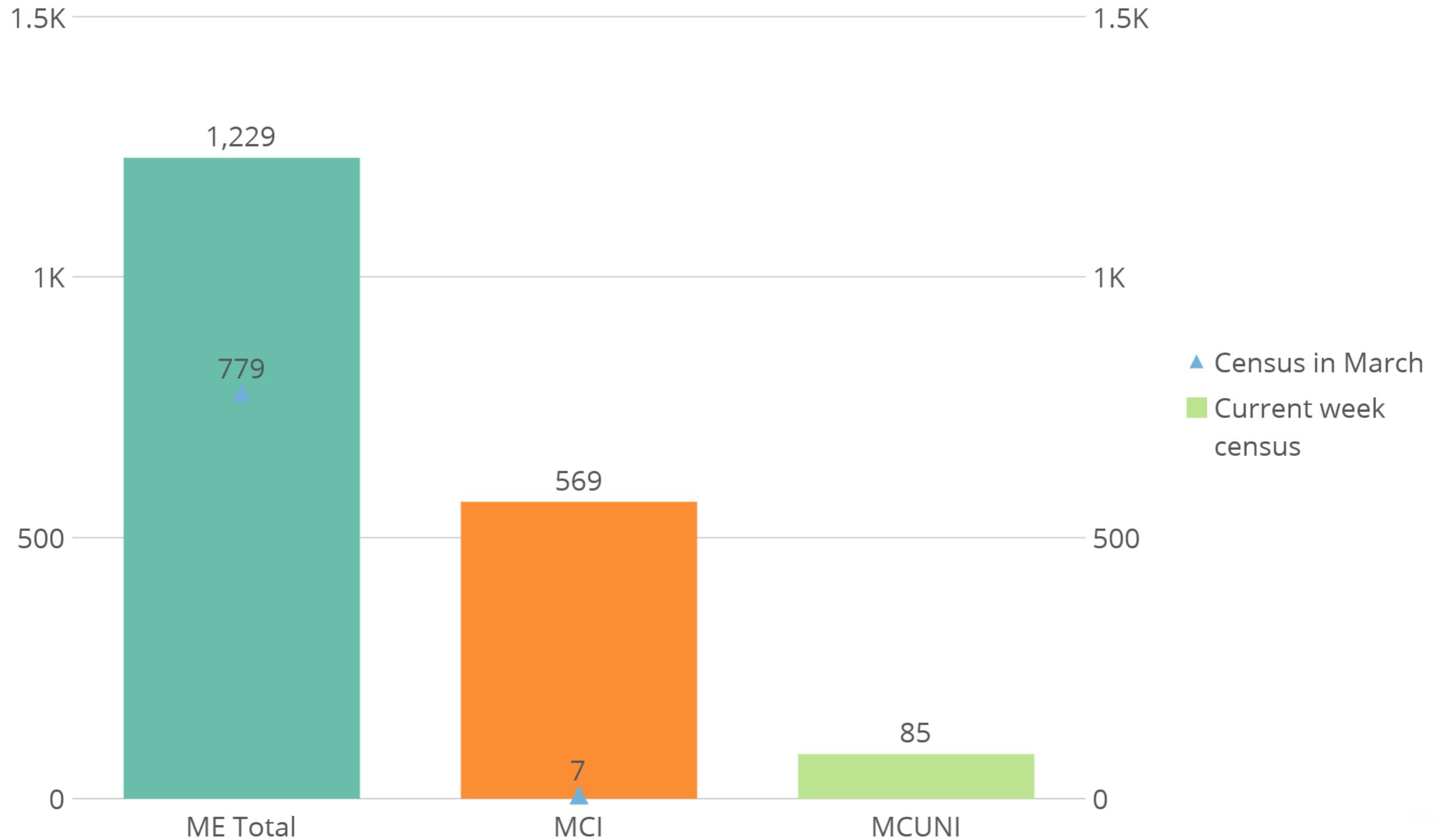
# Comparison of 1, 3 & 6 Month Retention by Insurance Type

10/8/18





# Maine Census, MaineCare, and OHH Uninsured



# Maine Census Growth Over Time

