



**Project ECHO Northern New England (NNE) Network
Newsletter**

News, Events, and Opportunities

January 2019

Project ECHO® Northern New England Network

Vision:

"The vision of the Project ECHO NNE Network is to enhance access and improve health outcomes throughout the Northern New England region"

Mission:

"The mission of the Project ECHO NNE Network is to design and implement a regional network of telehealth services using the Project ECHO model to improve access, care delivery, outcomes and health for Northern New Englanders residing in Maine, New Hampshire and Vermont. The Project ECHO NNE Network will support providers and patients to work effectively together to manage common, emerging and complex conditions safely, effectively and compassionately."

We encourage you to share this newsletter with your colleagues to learn more about Project ECHO. Thank you.

NNE ECHO Projects

Project ECHO: Older Adult Care

The Older Adult Care ECHO program seeks to enhance the capacity of primary care providers, and care coordinators from Maine, New Hampshire, and Vermont to treat and manage the care of older adults. The program launched in October 2018 and will run through June 2019. Monthly ECHO sessions are held on the 4th Thursday of each month from 11:30 to 1:00 pm.



We are planning to extend the program into another year and will be recruiting additional practice teams to join. For more information or to register for the next series please contact Jonathan Church at jchurch@mainequalitycounts.org

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number Do6RH31043 Rural HealthNetwork Development Program and the Maine AHEC Network at UNE

Project ECHO: Northern New England Medication Assisted Treatment

The NNE MAT ECHO program seeks to improve the lives of patients and families living with Substance Use Disorder (SUD) by enhancing the capacity and quality of services available to patients in their communities through their primary care practices. Monthly ECHO sessions are held on the 3rd Thursday of each month from 11:30 to 1:00 pm.



We anticipate offering another series of MAT and will be recruiting practice teams to join in the near future. For more information or to register for the next series please contact Jonathan Church at jchurch@mainequalitycounts.org

Funding for this project is provided by the Harvard Pilgrim Health Care Quality Grants Program 2018

Maine ECHO Projects

NNE-PTN COOR Project ECHO

The COOR ECHO project brings together leaders of key sectors within 12 local communities across Maine to work together to reduce opioid overdose deaths. The program leverages the resources and expertise of the Northern New England Practice Transformation Network (NNE-PTN) and the ECHO model to provide case-based, video-supported collaborative learning opportunities to work within and across communities to reduce opioid overdose deaths. It expands Project ECHO model from the traditional clinical model to a community-based, systems-oriented model, and builds on successful models from other regions to decrease opioid overdose deaths using a community-oriented approach.



The four focus areas of the COOR ECHO are:

- Collecting timely, local data on drug/opioid overdose deaths
- Improving OUD treatment capacity using rapid-access, low-barrier approaches
- Improving naloxone distribution
- Creating linkages with the SUD/OUD recovery community

To learn more about the COOR ECHO please email Annie Fox (afox@mainequalitycounts.org)

New Hampshire ECHO Projects

Project ECHO: UNH MAT

NH is moving knowledge, not patients with innovated telepractice. Join MAT prescribers in NH-based Project ECHO with case-based learning on Medications for Addiction Treatment (MAT). The UNH Partnership for Academic-Clinical Telepractice (PACT): Medications for Addiction Treatment Program (PACT-MAT) is enrolling MAT prescribers and their teams in the upcoming PACT-MAT Project ECHO®. This grant-funded project is of no cost to participants, and free CME/CNE will be available.



The program will work to develop a learning community that increases provider and team knowledge of MAT for Opiate Use Disorder (OUD) and enable a culture that understands addiction as a chronic disease. Graduate UNH Nurse Practitioner students will also participate with the goal of obtaining their waiver and meeting NH workforce demands. Providers and teams will be better and capable to address a range of MAT/OUD issues, including (but not limited to) clinical management, compassion fatigue, stigmatization, and mental health conditions that emerge during the process of treatment. Specifically, this program will focus on all participants becoming proficient and culturally competent in prescribing and treating SUD as well as enhancing capacity and quality of services available to patients in their communities through their community providers.

Sessions will be held on the 3rd Wednesday of every month from 12:00 pm - 1:30 pm beginning April 17th.

Intended Audience: Primary care teams, nurse practitioners, including x-waivered primary care MAT prescribers, behavioral health clinicians, and other team members from practices located across New Hampshire, who seek support to develop, implement and sustain MAT care. Rural providers are encouraged to apply.

*require: x-waivered NP or physician prescriber as part of team

There are limited spaces available. We encourage you to apply soon! If you and your team are interested, please fill out the enrollment application below:

https://unh.azi.qualtrics.com/jfe/form/SV_doO9C2Dgwsy5x3f

Please reach out to unh.projectecho@unh.edu with additional questions.

This innovated telepractice model is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) and brought to you by the University of New Hampshire's Department of Nursing and Institute for Health Policy and Practice, New Hampshire Citizens Health Initiative.

Vermont ECHO Projects

Project ECHO: University of Vermont

In 2018, the University of Vermont Project ECHO presented nine teleECHO sessions on the treatment of Chronic Pain to practices around the state. Program expansion is planned for 2019 with a number of offerings in development, including running the Treatment for Chronic Pain series again with a new cohort of participants.



The Treatment of Chronic Pain, a 12-session series, will start on May 3, 2019 and run monthly (first Friday of each month, 11:30 am to 1 pm). This program highlights best practices and evidence-based care for treating patients who experience chronic pain. The program identifies strategies, screening tools, resources, and emerging topics in this field.

The participating cohort is made up of individuals and practice teams, including family medicine, internal medicine, social work, behavioral health and addiction medicine providers throughout Vermont.

Additional ECHO programs coming in 2019 from the University of Vermont:

- Lyme and Tickborne Diseases, a 6-session series, is scheduled begin on April 19th and run monthly (3rd Friday of each month, 11:30 am to 1 pm).
- Transgender Care in the Medical Home, an 8-session series, is scheduled to start on May 23rd and run monthly (4th Thursday of each month, 12pm to 1pm).

Project ECHO is offered at no cost to participants and the program enables participants to earn Continuing Medical Education (CME) credits for each learning session attended. More information about these Project ECHO series, and others, will be posted at www.vtahec.org once materials are available.

For more information please contact Elizabeth Cote at elizabeth.cote@med.uvm.edu

ECHO work in the Region

Project ECHO: Boston Medical Center

The New England OBAT ECHO (NE OBAT ECHO) will focus on the provision of comprehensive care for patients with substance use disorders (SUDs). Unique to this ECHO series, is an opportunity to contribute to the science on ECHO efficacy. Please see below for details.



To be eligible for this free educational series, members of care teams and their organizations must meet the following criteria:

1. Located in New England
2. Willing to choose one ECHO cycle to participate in: Thursdays, February 21, 2019-July 18, 2019 or Thursdays August 1, 2019-January 2, 2020
3. Regardless of start date of ECHO cycle, agree to participate in 4, 10 minute online surveys beginning in February; participants will be compensated \$20 for each completed survey
4. Provider organization must agree to give BMC ECHO Evaluation team basic, de-identified, aggregate, clinical quality measures. Organizations will be compensated \$2,000 for costs related to data collection. BMC ECHO Evaluation team will support and work with organizations to collect this data.

What is the New England OBAT ECHO?

- Free, practical, and case-based tele-education ECHO series for health care providers, mental health, counselors, and other support team members, located in New England, who are providing comprehensive care for patients with Substance Use Disorders (SUDs) in office-based settings
- 10-part series 3:00-4:30 PM EST the 1st and 3rd Thursdays of each month: each which will include a brief educational talk given by an addiction expert and discussion of real de-identified cases

To register for this ECHO program please follow this link: <https://redcap.bumc.bu.edu/surveys/?s=XRCYYCXNPD>. The deadline for registrations is Monday, February 11, 2019.

For more information on the OBAT ECHO please email obatecho@bmc.org

Our Partners



Project ECHO - Northern New England Network Contacts:

For Participants in Maine:

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Office of Primary Care and AHEC Program

[Maine Quality Counts ECHO Website](#)

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number D06RH31043 Rural Health Network Development Program